



CAREGIVER COURSE: EDUCATION AND ACTION PLANNING

A supportive, solution-based course providing education and guidance from industry professionals. Caregivers will be given tools to identify problems, make a plan, and take action.

Sessions

APRIL 21ST - BUILDING A CARE TEAM

- Location: Independence Health and Therapy, Seminary location. On-site respite available

MAY 19TH - DETERMINING THE APPROPRIATE LEVEL OF CARE

- Location: Woodstock Public Library. No respite available,

JUNE 16TH - HOW TO USE TECHNOLOGY SAFELY

- Location: Independence Health and Therapy, Seminary location. On-site respite available

JULY 21ST - LEVELS OF LEGAL DECISIONS: POA, GUARDIANSHIP, SURROGACY, DNR FORMS

- Location: Woodstock Public Library. No respite available.

AUGUST 18TH - FINANCIAL CONVERSATIONS

- Location: Independence Health and Therapy, Seminary location. On-site respite available

SEPTEMBER 20TH - THE CORE OF YOUR CARE TEAM IS YOU: UNDERSTANDING SELF-CARE

- Location: Woodstock Public Library. No respite available.

YOUR LOVED ONE NEEDS TO BE CARED FOR...NOW WHAT?

FREE
5:30-7:00PM

Sessions meet once per month. Attend one or all sessions.

Register at
<https://bit.ly/36DQqiH>

